DOCUMENT RESUME

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TITLE	I Am Your Child: The First Years Last Forever. [Videotape].
INSTITUTION	IBM Foundation.
PUB DATE	1997-00-00
NOTE	0p.; 29-minute VHS videotape is hosted by Rob Reiner.
AVAILABLE FROM	Reiner Foundation, 1010 Wisconsin Avenue, N.W., Suite 800, Washington, DC 20007; phone: 202-338-4385; fax: 202-338-2334.
PUB TYPE	Guides - Non-Classroom (055) -- Non-Print Media (100)
EDRS PRICE	Document Not Available from EDRS.
DESCRIPTORS	Attachment Behavior; Brain; Child Health; Cognitive Development; Day Care; Discipline; Early Experience; *Infant Behavior; *Infant Care; *Infants; Nutrition; *Parent Child Relationship; *Parent Role; Self Esteem
IDENTIFIERS	*Brain Development; Security of Attachment

ABSTRACT

New research in brain development reveals the vital importance of the relationship between caregiver and child in the critical first years of life. This videotape explores the role of parents in stimulating early childhood development. The approximately 29-minute videotape discusses: (1) attachment and the role of touch in creating a bond between parent and infant; (2) communication, specifically the child's nonverbal cues and the importance of parents' speaking, singing, and reading aloud to the child's development and language acquisition; (3) health and nutrition, including child safety and the role of the pediatrician; (4) discipline, responding to the child so he or she learns that the world is safe and predictable, and how to regulate his or her own emotions; (5) self-esteem, noting that a strong sense of self is essential to healthy development, and that each child is unique and should be encouraged to explore the world and express his or her feelings; (6) child care, including indicators of quality to look for when selecting a day care program; and (7) self-awareness, noting that in order to take care of an infant, parents must also take care of themselves, make time and energy to devote to the child, ask for help when needed, and not put undue pressure on themselves to be perfect parents. (HTH)

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